



**HIGH SCHOOL BREAKFAST MENU: MARCH 2010**  
**Full Price Student Meal: \$1.00      Reduced Student Meal: 30¢**

May choose 1 item from each group OR a minimum of 1 item from 2 different groups **Granola-Contains NUTS**

1	2	3	4	5
<p><b>ENTREE: May Choose 1</b>  Waffle w/wo Sausage Link  Sausage, Egg &amp; Cheese Muffin  Choice of Cereal W/Wo Toast  Choice of Breakfast Muffin  Whole Grain Poptart   Nutrigrain, Granola or Cereal Bar</p> <p><b>SIDES: May Choose 1</b>   Potato Triangle  Choice of Juice  Choice of Fresh/ Canned Fruit  <b>MILK: May Choose 1</b></p>	<p><b>ENTREE: May Choose 1</b>  Waffle w/wo Sausage Link  Ham, Egg &amp; Cheese Muffin  Choice of Cereal W/Wo Toast  Choice of Breakfast Muffin  Whole Grain Poptart  Cereal, Granola or Nutrigrain Bar</p> <p><b>SIDES: May Choose 1</b>   Potato Triangle  Choice of Juice  Choice of Fresh/ Canned Fruit  <b>MILK: May Choose 1</b></p>	<p><b>ENTREE: May Choose 1</b>  Waffle w/wo Sausage Link  Bacon, Egg &amp; Cheese Biscuit  Choice of Cereal W/Wo Toast  Choice of Breakfast Muffin  Whole Grain Poptart  Cereal, Granola or Nutrigrain Bar</p> <p><b>SIDES: May Choose 1</b>   Potato Triangle  Choice of Juice  Choice of Fresh/ Canned Fruit  <b>MILK: May Choose 1</b></p>	<p><b>ENTREE: May Choose 1</b>  Waffle w/wo Sausage Link  Pancake Wrapped Sausage  Choice of Cereal W/Wo Toast  Choice of Breakfast Muffin  Whole Grain Poptart  Cereal, Granola or Nutrigrain Bar</p> <p><b>SIDES: May Choose 1</b>   Potato Triangle  Choice of Juice  Choice of Fresh/ Canned Fruit  <b>MILK: May Choose 1</b></p>	<p><b>ENTREE: May Choose 1</b>  Waffle w/wo Sausage Link  Sausage, Egg &amp; Cheese Muffin  Choice of Cereal W/Wo Toast  Choice of Breakfast Muffin  Whole Grain Poptart  Cereal, Granola or Nutrigrain Bar</p> <p><b>SIDES: May Choose 1</b>   Potato Triangle  Choice of Juice  Choice of Fresh/ Canned Fruit  <b>MILK: May Choose 1</b></p>
8	9	10	11	12
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15	16	17	18	19
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22	23	24	25	26
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29	30	31		
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