

**PINE-RICHLAND SCHOOL DISTRICT
2007-2008 PRE-PARTICIPATION SPORTS PHYSICAL FORM**

**BE ADVISED – NEW PIAA PHYSICAL FORMS ATTACHED
THE OLD SCHOOL DISTRICT PHYSICAL FORMS WILL NO LONGER BE ACCEPTED**

Dear Parents and/or Guardians:

We would like to take this opportunity to welcome you and your child to the athletic programs in the Pine-Richland School District. Please pay special attention to the information in this physical packet. **These forms are different from the forms we have used in the past. The old forms will no longer be accepted** due to changes in PIAA regulations regarding pre-participation physical exams. Beginning with the fall sports for 2007 **only one physical exam will be required for each student-athlete per year.** (Some exclusions apply.)

Please read all of the attached forms carefully. Follow all directions and **fill in the forms completely. Parents/Guardians must sign in 8 different places throughout the packet.**

There are 8 pages in this packet, including this cover letter. Pages 6 and 7 are UPMC Consent to Treat and HIPAA forms. Pine-Richland School District contracts athletic training services through UPMC Sports Medicine. These forms are required by the athletic training staff. **The pages labeled Sections 1, 2 and 3, and the UPMC forms must be completed and signed by the student-athlete and parent/guardian before obtaining the physical exam.** No exceptions will be made.

Pre-participation sports physicals for the 2007-2008 school year are being offered to all student-athletes in the Pine-Richland School District at no charge by Dr. Agnew, Dr. Waltrip and Dr. Muzzonigro, along with the staff of Tri-Rivers Surgical Associates, Inc. Physical exams will be performed at Pine-Richland High School on the dates listed below. High School student-athletes: please return all pages of the physical packet to the High School Athletic Office. Middle School student-athletes: please return all pages of the physical packet to the Middle School Front Office. **The completed packets MUST be turned in PRIOR TO THE DATE OF PHYSICAL EXAMS. NO PACKETS WILL BE ACCEPTED ON THE DATE OF PHYSICAL EXAMS. Packets are due no later than Monday, Oct. 22, 2007.**

If you choose to have your child's pre-participation sports physical exam conducted at your private physician's office: the exam cannot take place prior to June 1, 2007; your physician must use the forms in this packet; and you must turn in the completed packet, signed by your physician to the High School Athletic Office prior to the start of the first practice session for your child's sport. All pre-participation sports physical exams must take place within the Commonwealth of Pennsylvania. Out-of-state physical exams will not be accepted. **All pre-participation physical exams must be completed using the forms in this packet. Other physical exam forms will not be accepted.**

**2007-08 Winter Sports:
8:00am to 11:00am**

**Middle School: Tues. Oct. 23, 2007 in the Middle School Nurse's Office
High School: Fri. Oct. 26, 2007 in the High School Athletic Training Room**

ATHLETIC INSURANCE INFORMATION: In the event that your child is injured, we would like to make certain that you are aware of school district procedures regarding injuries to athletes.

1. The school district has purchased accident insurance for students participating in the interscholastic athletic programs, cheerleading and band members. The insurance purchased by the school district covers the first \$100 of qualifying medical expenses.
2. After the first \$100, the student's family insurance, if any, becomes the primary insurance. Should the limits of the student's family insurance be exceeded, the insurance purchased by the school district will continue to cover qualifying medical expenses to the limits of the insurance.
3. In case of an athletic injury, the student or parent/guardian should obtain an insurance claim form from the Athletic Office and should complete it by following the printed directions, which accompany the claim form. The claim form must be submitted within ninety (90) days from the date of the injury to: Goodwin & Gruber Agency, Inc., Attn: James Gruber, 300 McKnight Park Drive, Pittsburgh, PA 15237.

Please retain this cover sheet for your records.
If you have any questions, please contact the Athletic Office at 724-625-4444 ext. 6800.