

SETTING AND HITTING TRAINING CAMP 2019



WHEN: July 24 & 25 • 9:30AM-1:30PM

WHERE: Pine-Richland Middle School

WHO: Anyone entering grades 4-9

WHAT: This camp is designed for volleyball players who desire to be a setter or hitter and want to improve on these skills. This position-specific camp focuses on setting, hitting and blocking techniques, and how these skills work together in game-like situations.

COACHES: Pine-Richland High School
Coaches and Players

COST: \$100

TO REGISTER: Mail a check payable to PRGVB Boosters along with the completed Information Sheet to:

Yvonne Balouris
531 Cloverdale Court
Wexford, PA 15090

Any questions, email
ybalouris@zoominternet.net

CAMP IS NOT PINE-RICHLAND AFFILIATED



SETTING AND HITTING VOLLEYBALL CAMP INFORMATION

NAME: _____

GRADE ENTERING: _____

SCHOOL DISTRICT: _____

ADDRESS: _____

EMAIL: _____

PHONE NUMBER: _____

EMERGENCY CONTACT: _____

PHONE: _____

PLEASE LIST ANY HEALTH PROBLEM we need to be aware of (diabetes, asthma, etc.) and if your child is carrying anything such as an inhaler or EPI pen that the trainer may need to be aware of:

SHIRT SIZE (Write Y for youth size): _____

Please complete form and mail along with payment to:

Yvonne Balouris
531 Cloverdale Court
Wexford, PA 15090