

Eden Hall Upper Elementary School



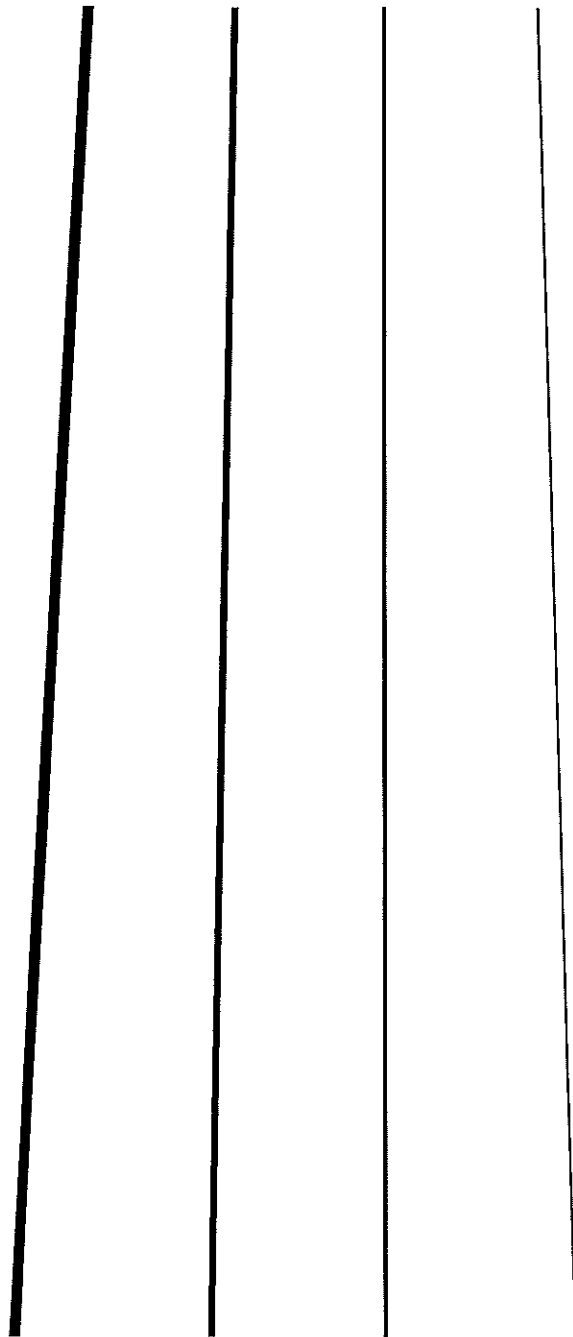
Beginning Viola Packet



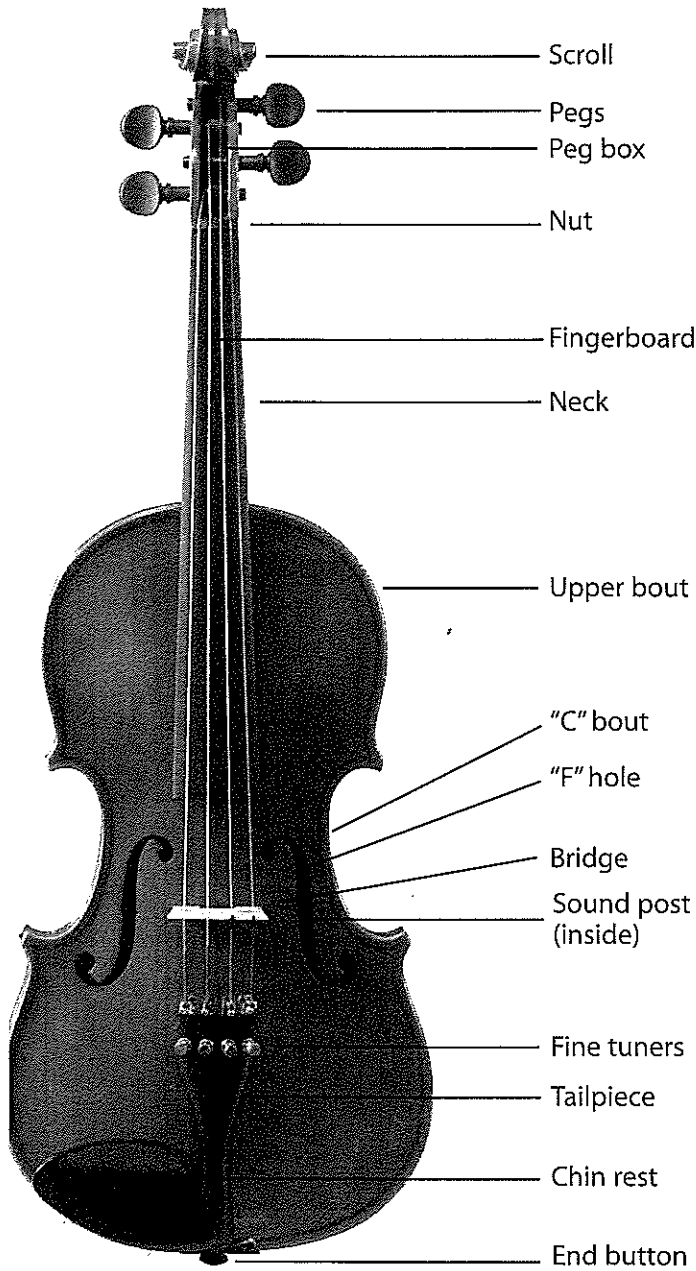


# Viola Open Strings

C G D A



# THE VIOLA



## Take Special Care

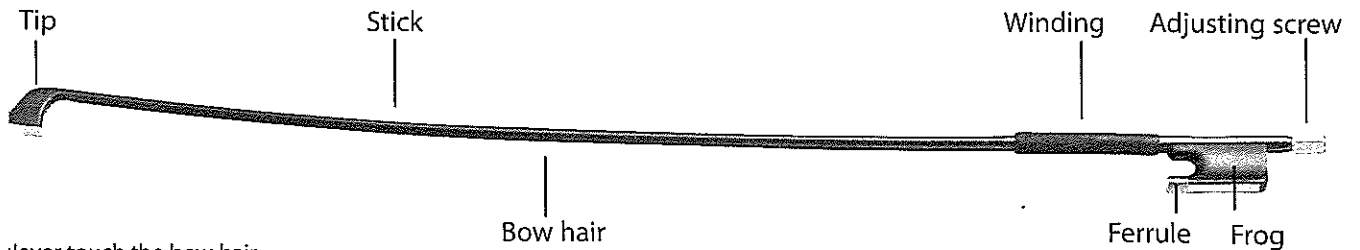
String instruments are delicate. Follow your teacher's guidelines in caring for your instrument, and it will last forever.

- Follow your teacher's instructions when removing the instrument from the case.
- Protect your instrument from heat, cold, and quick changes in temperature.
- Always wipe off the instrument with a soft dry cloth. Be sure to remove all fingerprints and rosin.
- Place a cloth over the top of the viola before closing the case.

## Accessories

- Rosin
- Shoulder rest
- Soft cloth
- Extra set of strings

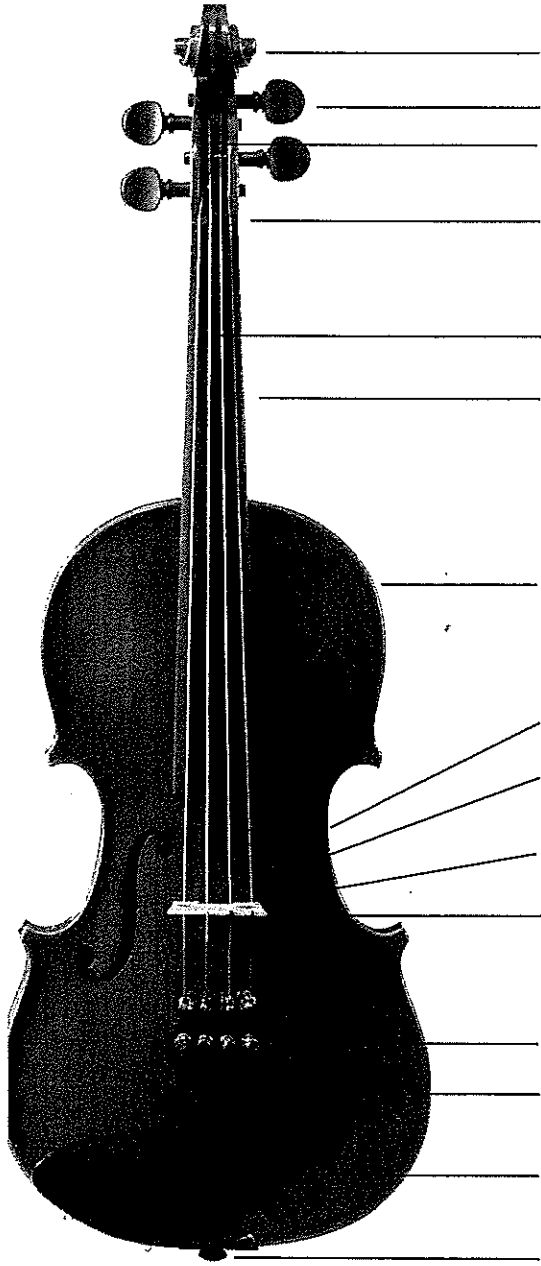
# THE BOW



Never touch the bow hair.

Keep the bow in your case until directed by your teacher.

# THE VIOLA



## Take Special Care

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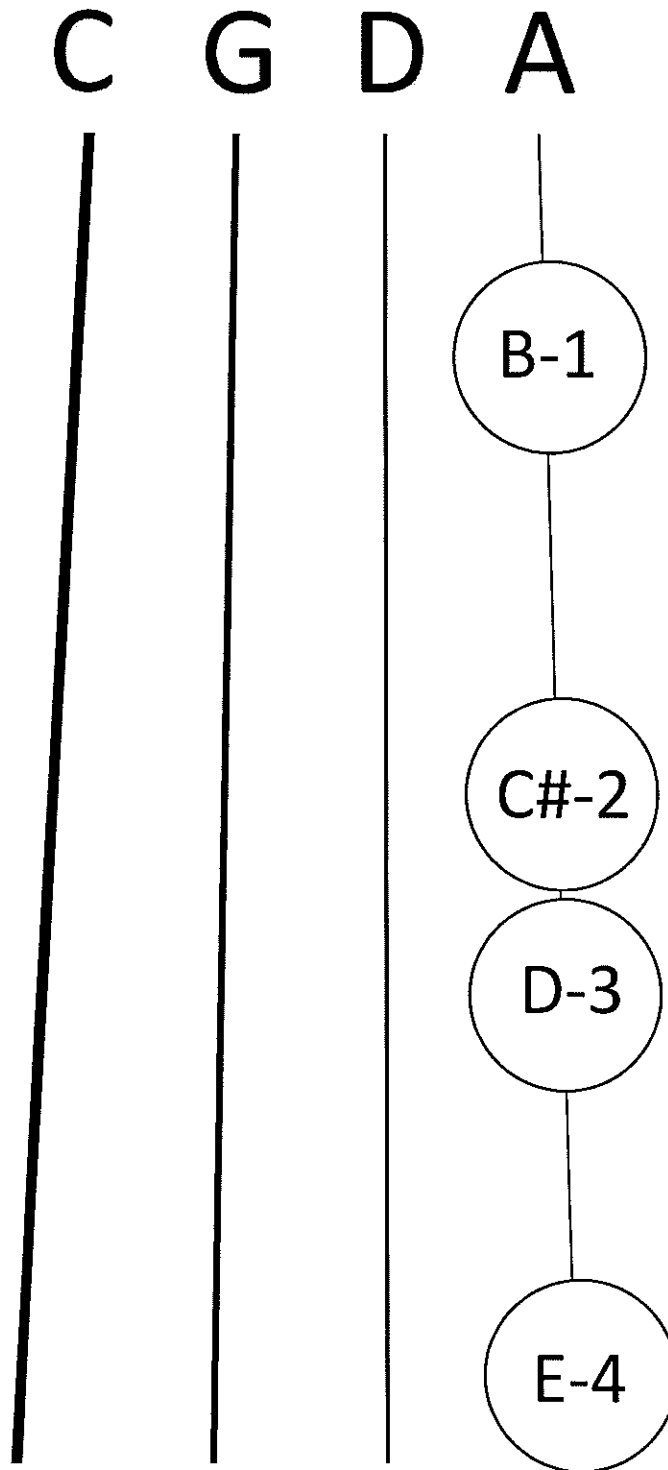


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# Viola A String Notes





# Hot Cross Buns



On the A String

C<sup>#</sup> B A rest

C<sup>#</sup> B A rest

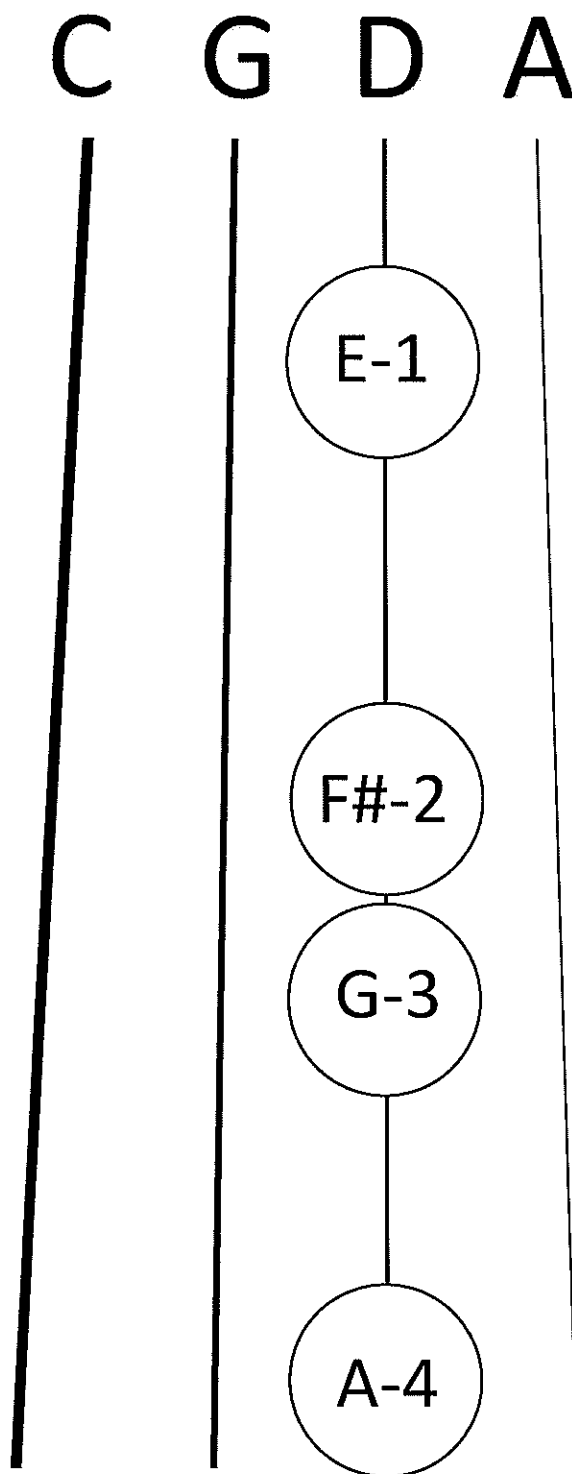
aaaa bbbb

C<sup>#</sup> B A rest





# Viola D String Notes



# Mary Had A Little Lamb

On the D String



F<sup>#</sup>E D E | F<sup>#</sup>F<sup>#</sup>F<sup>#</sup> rest

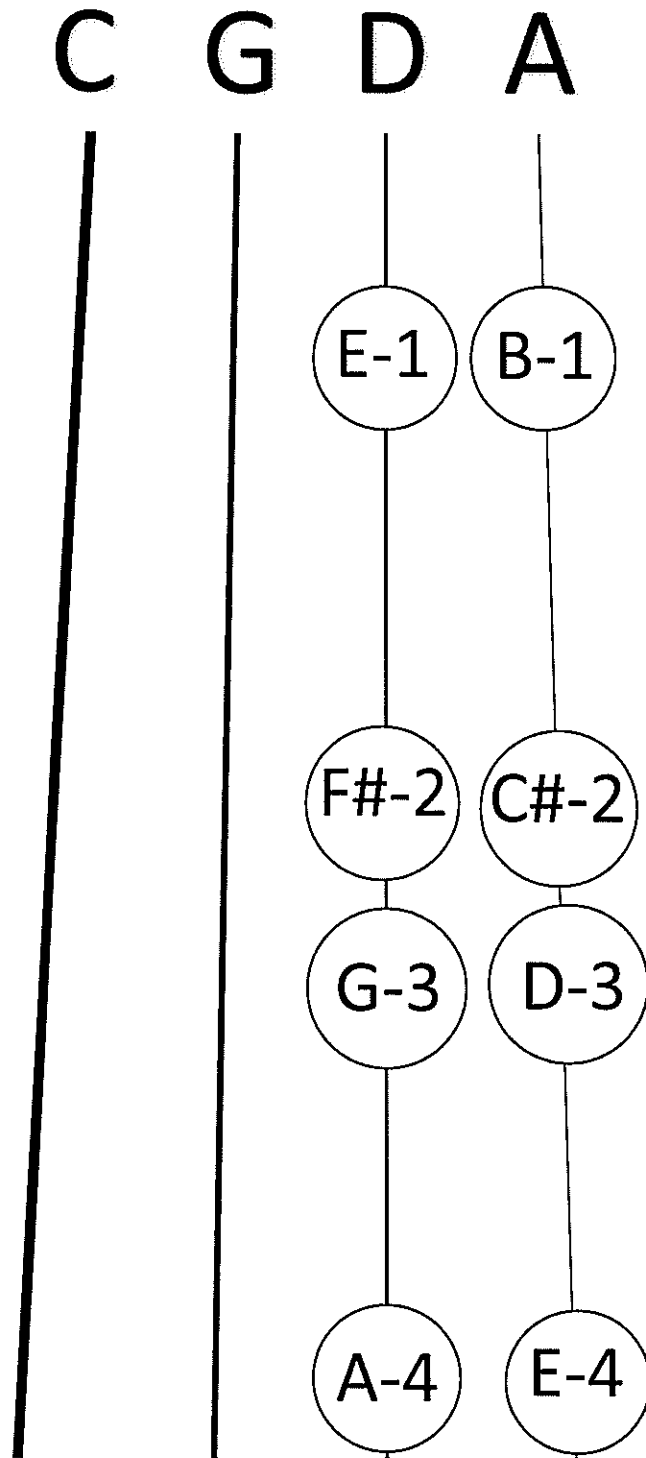
E E E rest | F<sup>#</sup><sup>4</sup> A<sup>4</sup> A<sup>4</sup> rest

F<sup>#</sup>E D E | F<sup>#</sup>F<sup>#</sup>F<sup>#</sup>F<sup>#</sup>

E E F<sup>#</sup>E | D rest



# Viola A and D String Notes



# D Scale

A scale is a musical ladder of notes, starting and ending on the same note. Play each note in order going up the ladder and then back down. A scale is made up of 8 notes.

<sup>0</sup>D <sup>1</sup>E <sup>2</sup>F<sup>#</sup> <sup>3</sup>G <sup>4</sup>A <sup>5</sup>B <sup>6</sup>C <sup>7</sup>D<sup>#</sup>

<sup>3</sup>D <sup>2</sup>C<sup>#</sup> <sup>1</sup>B <sup>0</sup>A <sup>7</sup>G <sup>6</sup>F<sup>#</sup> <sup>5</sup>E <sup>4</sup>D



# Twinkle, Twinkle Little Star

On the D and A Strings

D D A A | B B A rest

G G F<sup>#</sup>F<sup>#</sup> | E E D rest

<sup>4</sup>A <sup>4</sup>A G G | F<sup>#</sup>F<sup>#</sup>E rest

<sup>4</sup>A <sup>4</sup>A G G | F<sup>#</sup>F<sup>#</sup>E rest

D D A A | B B A rest

G G F<sup>#</sup>F<sup>#</sup> | E E D rest





# Bow Information

⇒ Keep the bow in your case until your teacher asks you to remove it.

⇒ Avoid touching the bow hair.

⇒ To tighten your bow, turn the screw **CLOCKWISE** about 5 times.



⇒ To loosen your bow, turn the screw **COUNTERCLOCKWISE** about 5 times.



⇒ Always loosen your bow before putting it back in the case.

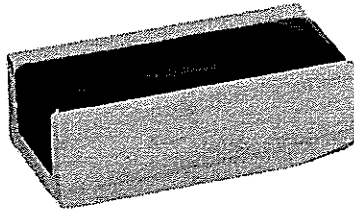
⇒ When you are finished playing, make sure to secure the bow in the case.

⇒ Make sure not to loosen your bow **TOO** much, as it will come apart.

# Using Rosin

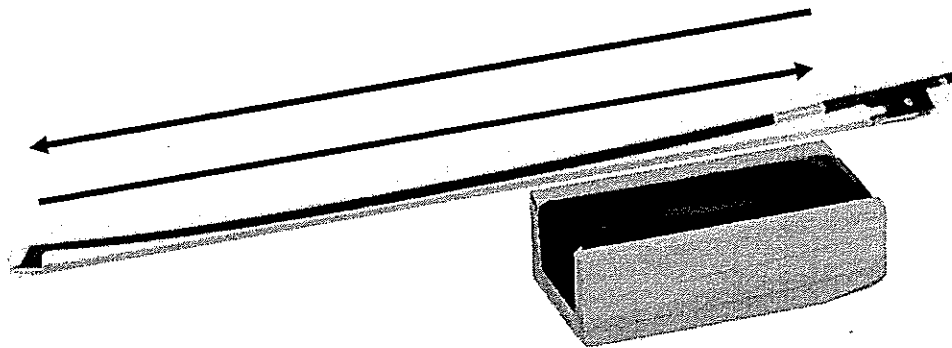
⇒ Tighten the bow hair as instructed by your teacher.

⇒ Hold the rosin flat in your left hand with the dark side facing up.



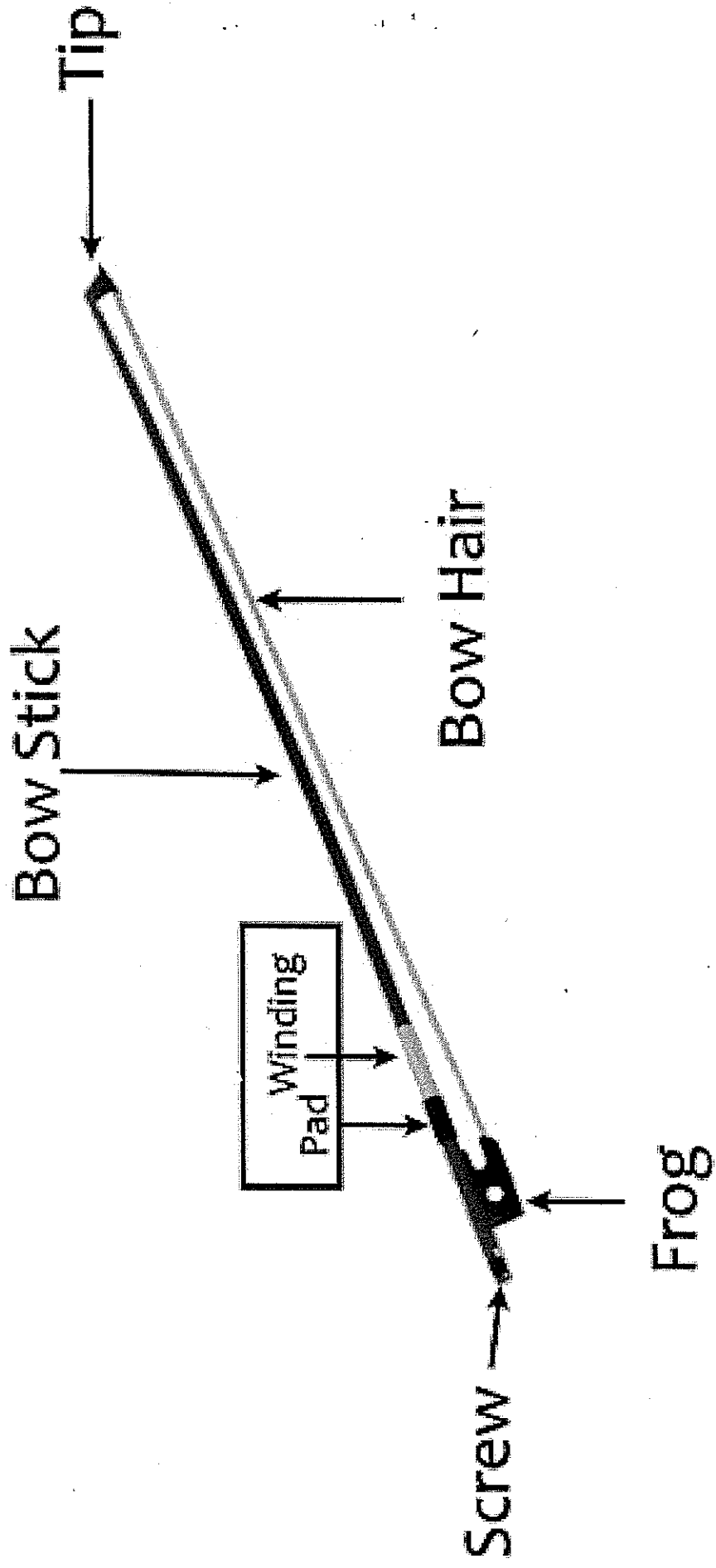
⇒ Hold your bow in your right hand as directed by your teacher.

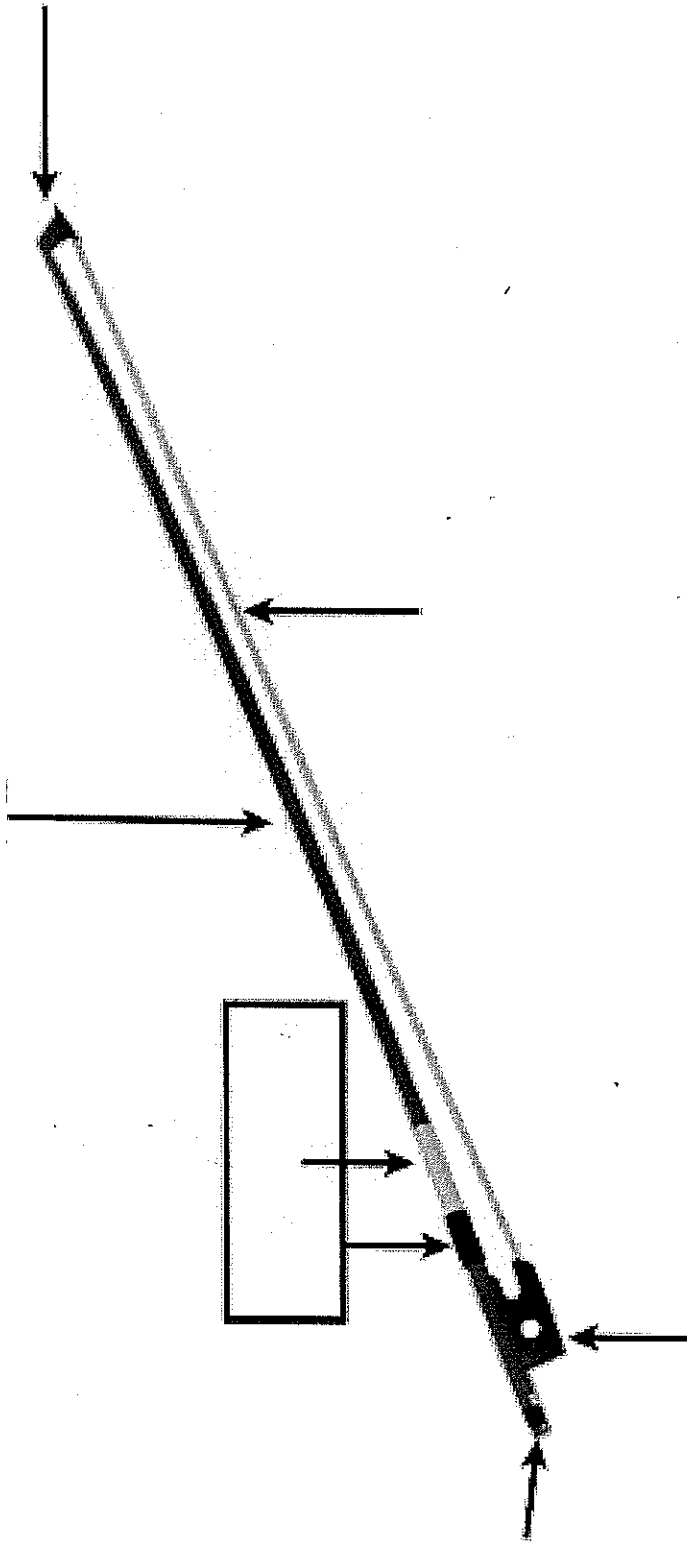
⇒ Move your bow slowly up and down across the rosin. Be sure to move the bow and not the rosin.



⇒ Move your bow up and down the rosin about 5 times each time before you play your instrument.

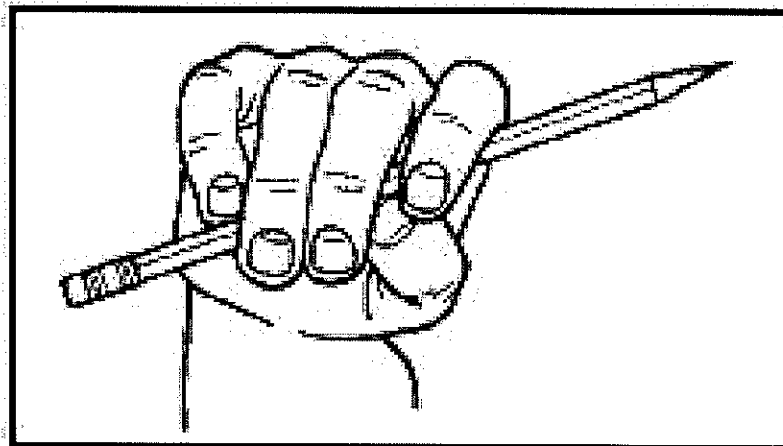
⇒ Take good care of your rosin. Put it back in your case after each use. It will break if dropped on a hard surface.





## Pencil Bow Grip Steps – Violin and Viola

1. Shake out right hand
2. Make a bunny with your right hand
  - a. Thumb is bottom teeth (also smiling)
  - b. Overbite thumb with two middle fingers
  - c. Fall asleep on pointer finger
  - d. Pinkie finger curved on top of pencil
3. Hold pencil at eraser with left hand
4. Repeat step #2, A-D on the pencil
5. Next, move arm while holding pencil and constantly checking grip
  - a. Move pencil straight up and down
  - b. Move pencil from out in front to touch left shoulder
  - c. Turn hand over
6. Practice bow grip in class, while watching TV, in the car, anywhere you can!

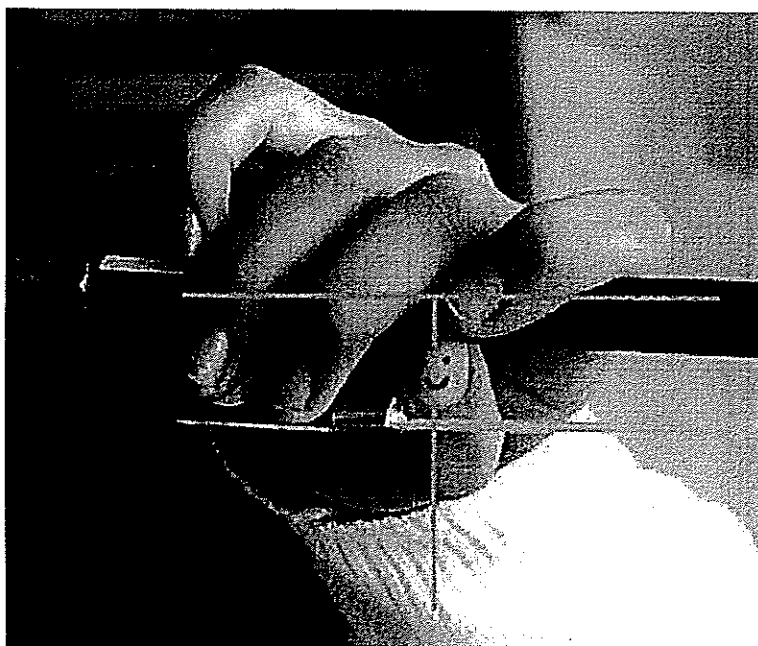




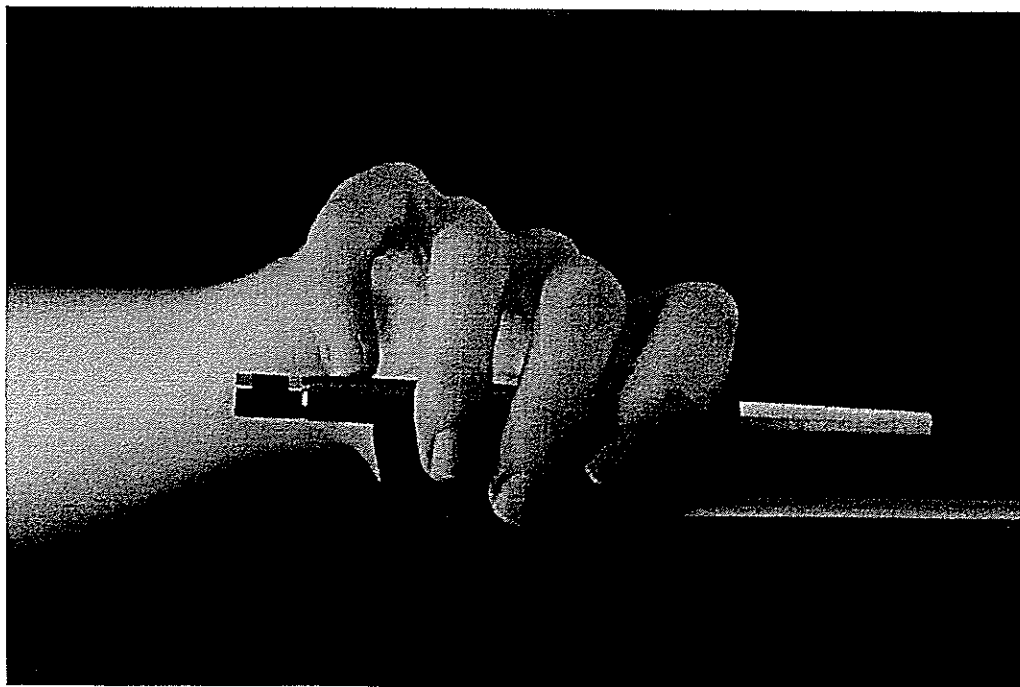
## *Violin/Viola Bow Grip Steps*

### *ON THE BOW*

1. Place thumb in empty space between frog and grip. Make sure the TIP of your thumb is on the bow, not the PAD of your thumb. Your thumb nail should be pressing into the stick. Thumb can be touching the bow hair, as seen below.
2. Lean the second knuckle of your index finger on the grip.
3. Place middle finger on the silver part of the frog.
4. Place ring finger in the middle of the frog.
5. Rest pinkie on top of the stick, right next to your ring finger. Just like the thumb, the TIP of your pinkie should be on the stick, not the PAD of your pinkie. Curve pinkie finger.

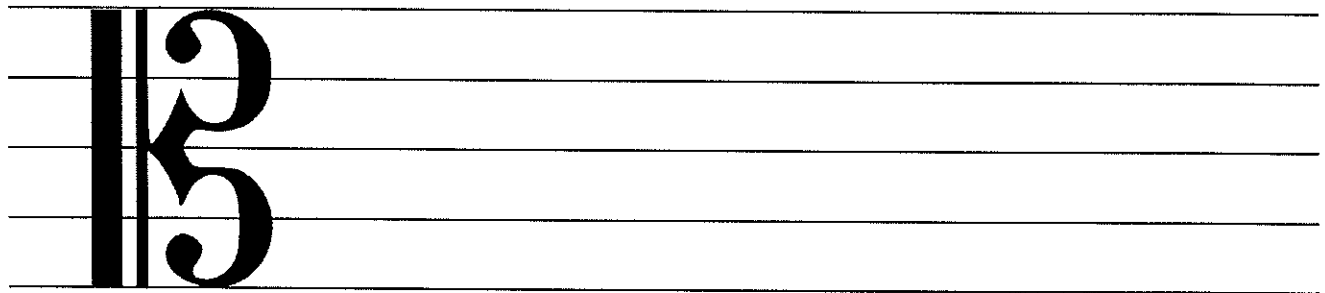
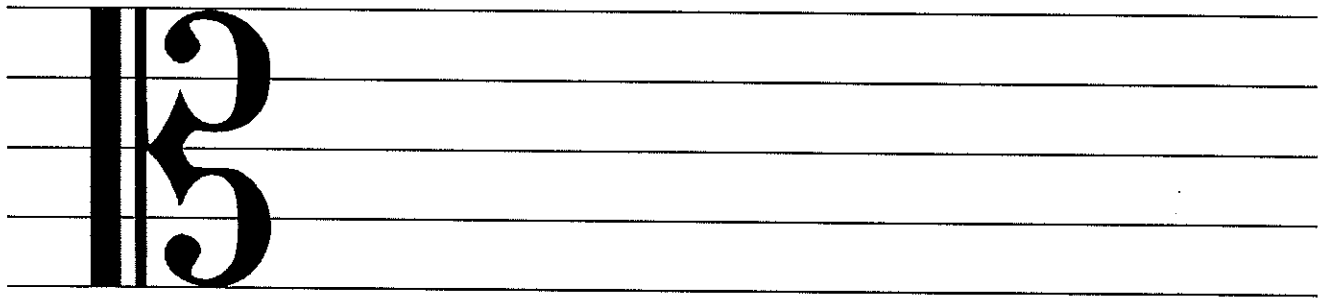
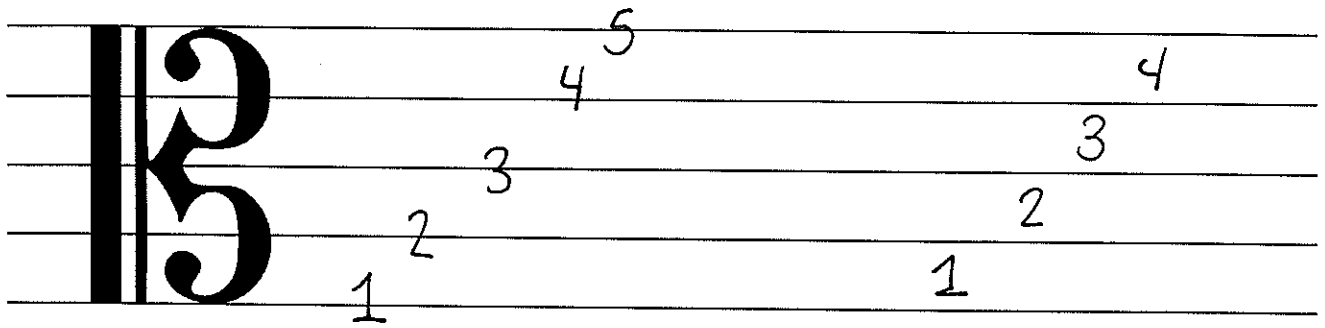


This picture demonstrates thumb placement, so the middle fingers are a bit too far to the right. When middle fingers are placed correctly, they will cover the thumb.





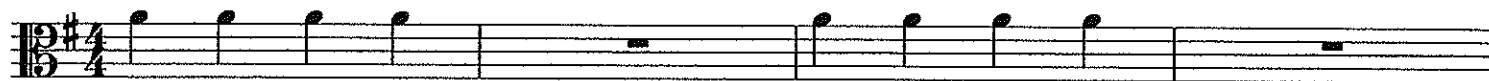
The music staff has 5 lines and 4 spaces



# Viola

## A String Notes

### A-B-C#-D



# Note Reading Fun!

A B C# D E

A musical staff in 3/4 time showing five notes: A (quarter note), B (quarter note), C# (quarter note), D (quarter note), and E (quarter note). Each note is labeled with its letter name above it.

6

A musical staff starting at measure 6, containing notes: G (quarter), A (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F# (quarter), G# (quarter), A# (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F (quarter), G (quarter).

A String Song #1

10

A musical staff labeled "A String Song #1" starting at measure 10. It contains notes: G# (quarter), A (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F# (quarter), G# (quarter), A# (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F (quarter), G (quarter).

A String Song #2

14

A musical staff labeled "A String Song #2" starting at measure 14. It contains notes: G# (quarter), A (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F# (quarter), G# (quarter), A# (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F (quarter), G (quarter).

18

A musical staff starting at measure 18, containing notes: G# (quarter), A (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F# (quarter), G# (quarter), A# (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F (quarter), G (quarter).

A String Song #3

22

A musical staff labeled "A String Song #3" starting at measure 22. It contains notes: G# (quarter), A (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F# (quarter), G# (quarter), A# (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F (quarter), G (quarter).

26

A musical staff starting at measure 26, containing notes: G# (quarter), A (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F# (quarter), G# (quarter), A# (quarter), B (quarter), C (quarter), D (quarter), E (quarter), F (quarter), G (quarter).

The music staff has 5 lines and 4 spaces

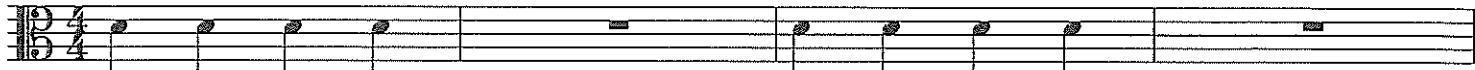
A musical staff with a treble clef. The five lines are numbered 1 through 5 from bottom to top. Line 1 is the bottom line, line 2 is the first space, line 3 is the second space, line 4 is the third space, and line 5 is the top line.

A musical staff with a treble clef, identical to the first staff but without the line numbers.

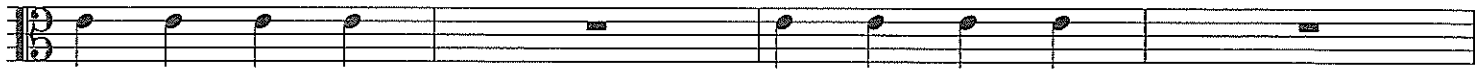
A musical staff with a treble clef, identical to the second staff but without the line numbers.

# D String Notes

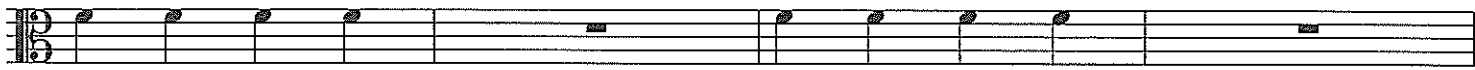
D-E-F#-G



5



9



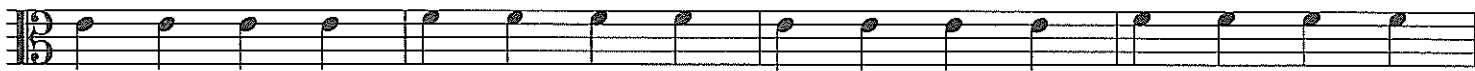
13



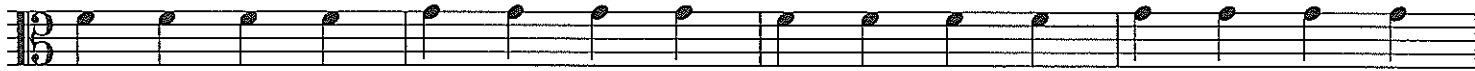
17



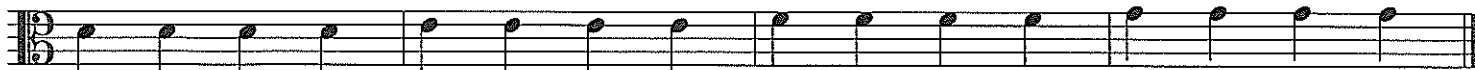
21



25



29



# D String Songs

## D String Song 1



## 5 D String Song 2



9



## 13 D String Song 3



17



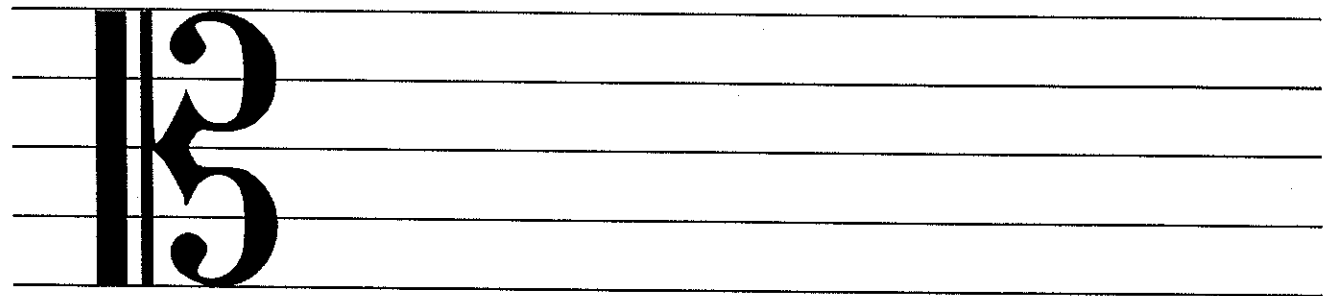
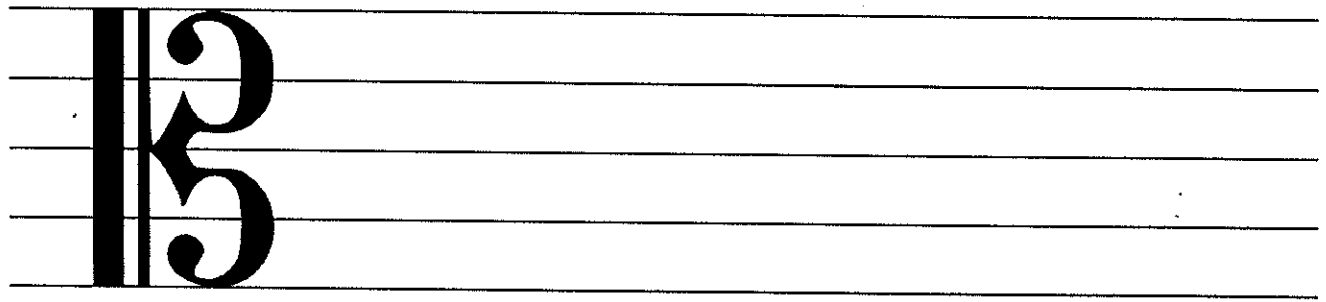
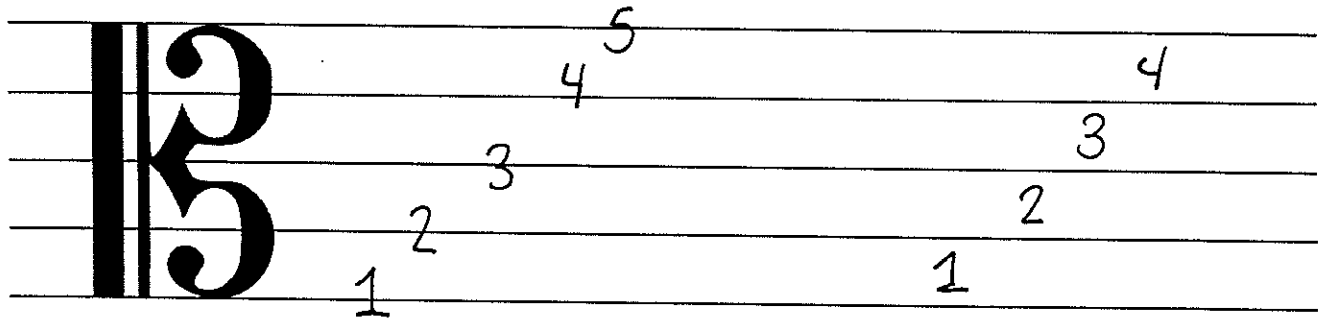
21



25

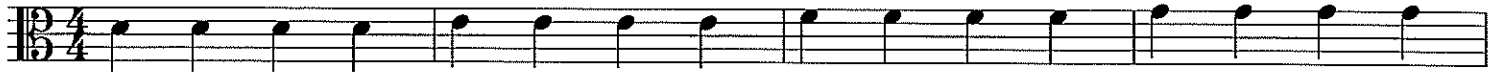


The music staff has 5 lines and 4 spaces



# A and D String Notes

## Song 1



5



9



13



## 17 Song 2



21



25

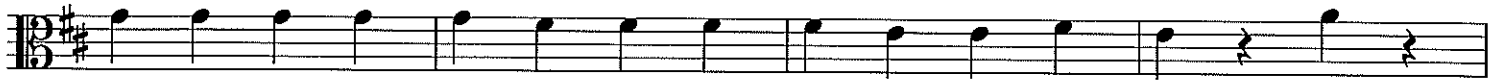




Christmas Song 1



5



9

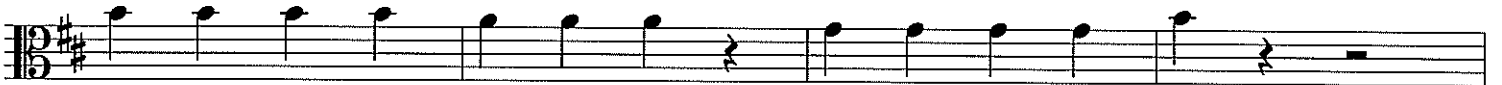


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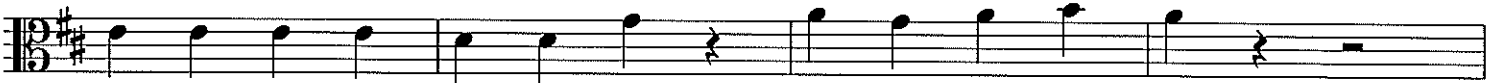


17

Christmas Song 2



21



25



29



# Hot Cross Buns (A string)

Viola

Musical score for Viola part of 'Hot Cross Buns'. The score is written in 4/4 time and consists of two staves. The upper staff contains the main melody, and the lower staff contains a supporting bass line. The piece is divided into four measures.

# Mary Had a Little Lamb

Viola

Musical score for Viola part of 'Mary Had a Little Lamb'. The score is written in 4/4 time and consists of two staves. The upper staff contains the main melody, and the lower staff contains a supporting bass line. The piece is divided into four measures.

5

Musical score for Viola part of 'Mary Had a Little Lamb'. The score is written in 4/4 time and consists of two staves. The upper staff contains the main melody, and the lower staff contains a supporting bass line. The piece is divided into four measures.

# Twinkle Twinkle Little Star

Viola

The first system of musical notation for the Viola part of 'Twinkle Twinkle Little Star'. It consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. The time signature is 4/4. The music begins with a treble clef and a 4/4 time signature. The melody in the right hand starts on G4 and follows the notes G-A-B-A-G-A-B-A. The left hand provides a simple accompaniment with notes G2-A2-B2-A2-G2-A2-B2-A2.

5

The second system of musical notation for the Viola part. It continues from the first system. The right hand melody continues with notes G-A-B-A-G-A-B-A. The left hand accompaniment continues with notes G-A-B-A-G-A-B-A.

9

The third system of musical notation for the Viola part, which concludes the piece. The right hand melody ends with a final G-A-B-A-G-A-B-A. The left hand accompaniment also concludes with a final G-A-B-A-G-A-B-A. The system ends with a double bar line.