Parents/Guardians:

We will begin our **Human Growth and Development Unit** on **February 10, 2020**. This letter is to provide you with an overview of the curriculum. The curriculum adheres to the *Pennsylvania Academic Standards for Health, Safety, and Physical Education* as well as the *National Health Education Standards*.

Students this age can be misinformed about human sexuality and thus be vulnerable to life-threatening consequences. This unit has been designed with care and sensitivity. For this unit, students will be divided into separate groups which promotes an open and comfortable environment for discussion/questions. Girls will report to Mrs. Burgess for instruction and boys to Mr. Koss or Mr. Rosing for instruction.

The Human Growth and Development curriculum is abstinence-based and developmentally appropriate. Instructors emphasize that human sexuality involves a person’s emotional, spiritual, and physical health. Students are highly encouraged to communicate and involve their parents in the classroom instruction/discussion.

**CONTENT AREAS:**
1. Anatomy/Physiology (structure/function of the male/female reproductive systems)
2. Diseases and Disorders (diagnostic & treatment)
3. Personal Care and Health Maintenance
4. Advantages of Abstinence for Young People
5. Hazards of Early Sexuality
6. Healthy Relationships
7. Positive Dating (defining personal values, assertiveness training, dating dangers)

If you have any questions, please contact your child’s teacher.

jburgess@pinerichland.org
ckoss@pinerichland.org
erosing@pinerichland.org

*Thanks for your support!*

**Health & Physical Education Vision**

*Empower students to develop habits of mind and body that support wellness throughout a lifetime.*